

Bexar County Behavioral Risk Factor Surveillance System Survey Analysis

Project Summary & Goals

The Bexar County Community Health Collaborative contracted the Center for Community Health Development to analyze and report on the 2008 Behavioral Risk Factor Surveillance System (BRFSS) data for Bexar County, Texas. Analysis of this data included comparing health status indicators across demographic characteristics (race/ethnicity, income, and educational attainment) and also making comparisons across geographic sectors within Bexar County.

The project goal was:

- To assess the health status of Bexar County residents through analysis of the BRFSS data

Principal Investigator

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Project Dates

2009-2010

Communities Involved

Bexar County

Funders

Bexar County
San Antonio Metropolitan Health District
Bexar County Community Health Collaborative

Key Findings

- Life satisfaction varies greatly in different areas of Bexar County.
- Physical and mental health status of Bexar County residents varies greatly in different regions of the county.
- The obesity rate is high and continues to rise.
- The majority of Bexar County adult residents engage in activities for the purpose of getting exercise.
- Bexar County residents have a high rate of diabetes, and many cases are not managed well.
- There are regional disparities in tobacco use in Bexar County.
- A total smoking ban in restaurants and bars would result in more business.
- There are regional disparities in the rate of those who suffer from asthma in Bexar County.
- Bexar County residents receive flu shots at a higher rate than their peer counties and the state.
- Oral health is a concern for half the adult population.
- The rate of people being tested for HIV is dropping.
- The rate of prostate cancer in the Northeast region of Bexar County is almost three times the county rate.