

# Texas Healthy Aging Research Network Collaborating Center (TxHAN)

## Project Summary & Goals

Building on multiple activities over the past five years to promote research on healthy aging, TxHAN's overriding goal is continued advancement of the translation of prevention research to community-based practice relevant to an aging population via partnerships with local, county, state and national partners who represent geographically and culturally diverse populations.

As a Collaborating Center of the Healthy Aging Research Network (HAN), we aim to continue work with our network colleagues over the next five year grant period (2009-2014) in efforts toward achieving HAN's mission to better understand the determinants of healthy aging in older adult populations; to identify interventions that promote healthy aging; and to assist in the translation of such research into sustainable community-based programs throughout the nation.

Project goals are:

- To collaborate with the coordinating center, other HAN sites, and CDC to advance a prevention research agenda for public health and aging;
- To identify public health, aging services and related community resources and engage them in collaboration for healthy aging;
- To facilitate the translation of research into practice; work within HAN to prioritize and choose topics for research, intervention and/or translation; and
- To develop evidence-based interventions for implementation in communities.

## Principal Investigator

Joseph R. Sharkey, Ph.D., M.P.H., R.D.

## Project Dates

2009-2014

## Communities Involved

Brazos Valley  
Lower Rio Grande Valley

## Funder

Centers for Disease Control and Prevention

## Partners

Program for Research in Nutrition and Health Disparities  
Program for Rural and Minority Health Disparities Research  
Program on Healthy Aging  
Texas AgriLIFE Extension  
Scott & White Memorial Hospital  
Brazos Valley Health Partnership