## 2016 Brazos Valley Health Assessment Community Discussion Group Findings: BURLESON COUNTY

## **Community Description**

Burleson County residents describe their community as a rural farming community with some industry that is generous, close knit, and friendly. The community is close to larger towns which permits residents to enjoy amenities, and its location draws in tourism. It is a growing retirement community that allows for incoming residents to move out of the city. Although the community does face persistent issues in terms of access to certain entities, there is a strong sense of community and collaboration with many residents having strong ties over multiple generations.

## **Community Issues**

Top concerns expressed in Burleson County Community Discussion Groups were:

- Lack of affordable housing and existing housing is old and decrepit
- No local dentist or optometrist
- Lack of elderly care; no nursing home
- Lack of retail and entertainment
- Substance abuse (illegal & prescription)





According to the Community Health Status Indicators, adult obesity and related chronic diseases were not quite a pressing matter. Diabetic related deaths (22.9 per 100,000) and adult diabetes (7.0%) were minimal, although in terms of health behaviors, adult physical inactivity was alarming (36.7%). In terms of mortality, motor vehicles and unintentional injury were the leading causes (64.1 per 100,000). For morbidity, STDs were a common concern in Burleson County in comparison to similar counties, with high rates of Gonorrhea, HIV and Syphilis (133.3 per 100,000; 122.8 per 100,000; and 5.8 per 100,000 respectively). Health care access and quality were of concern in terms of access to primary care and an uninsured rate of 27.5%. Health behaviors of concern also include a high teen birth rate (53.4 per 1,000 females between the ages of 15-19).

**Burleson**